



Bolton Hospice
caring from the heart

BOLTON HOSPICE SUPPORT SERVICES

How might we help you ?

**Information
Leaflet**

Review: April 2012

Bolton Hospice Support Services

Many people believe that hospices only care for people who are very ill and in need of nursing care, they think of people being looked after in bed.

In reality hospices support many people who are struggling with illnesses such as cancer and its treatment, yet are carrying on as best they can with normal life.

They help with physical symptoms, such as pain or nausea, they help you feel more like yourself despite being ill, they support your family and they provide a listening ear.

*This leaflet explains how Bolton Hospice Support Services might help you. If you are interested speak to your specialist nurse or doctor about being referred or ring **01204 663066** for more information.*

Therapy Services are available throughout the week allowing you access to complementary therapists, creative therapy, hair and image consultations, physiotherapy, occupational therapy and chaplaincy services.

Planned Day Therapy is available 9am-4pm Tuesday, Thursday and Friday. This service allows you an opportunity to meet with staff and other patients and access a wide range of Hospice Services. We liaise closely with your GP and District Nurses and aim to provide a personalised approach to your needs.

Out-Patients Clinics are run 3 times a week by our Palliative Care Consultants who will assess your needs and suggest ways of helping you. We offer comfortable waiting facilities and an opportunity to explore other services.

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Younger Persons Drop In Day is available Wednesday and is a flexible facility for those who have other commitments. Call in for a complementary therapy, an educational session, have your hair done, take part in creative therapy or just come for a coffee and an opportunity to speak to one of the team.

Carers Support, we can provide practical advice and support to help you in your role.

Bathing and Showering Facilities are available in our newly re-furnished bathroom and staff are available should you require help.

Optional Day, Monday is a day that can be personalised to your need, whether that is one to one support, family support or access to a nurse led clinic.

How can you access our service?
Your Consultant, GP, District or Specialist Nurse can refer you to the palliative care service here at Bolton Hospice and may suggest this if they feel it would be helpful. They will be happy to discuss referral with you if you wish.

Our aim is to provide supportive care that may help you cope with the effects of your condition on you and those that are close to you. Please do not hesitate to contact us if we can be of service.

If you require this leaflet in an alternative format or language please speak with a member of staff



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