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**Celebrating our
30th anniversary**



**Meet our
Hospice Poet**



**30 ways to
support us**

SAVE THE DATE 2022

All events are subject to change. Please keep checking our website for latest events updates at www.boltonhospice.org.uk



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HELLO

This is a very special spring edition of the Bolton Hospice newsletter, as we are celebrating our 30th anniversary in 2022. We proudly opened our doors to the hospice on the 3rd March 1992, and our first patients were admitted – Ellen and Maria will always be remembered with affection and pride.

For the last 30 years we have striven to provide the very best hospice care and will continue to work together with our community to ensure our services meet the demand for specialist palliative and end of life care in Bolton. We are here for everyone in Bolton who needs us, now and in the future.

I'm incredibly proud to have also reached a personal milestone, achieving 10 years of service at the hospice last month. A decade that has gone by in a flash and brought the most amazing sense of joy, fulfilment and achievement in being a part of something so special, at the heart of Bolton.



In this newsletter we share memories of some key events from our rich history, suggest 30 ways you could support us during our special year, and provide details of some wonderful events and activities we have planned, including your chance to take part in a sponsored Wing Walk this summer!

We hope you find this special anniversary newsletter an up-lifting read, and enjoy reminiscing with the old photographs and stories as much as we did.

Leigh



The creation of a hospice for Bolton

Bolton Hospice has come a long way from its roots back in May 1984, when a need for hospice care in the local area was first recognised by the Bolton Royal Infirmary Centenary Appeal.

A Steering Group was formed to investigate the requirements, in consultation with the Bolton District Health Authority. On 29th September 1986, the group organised the first public meeting about the hospice project in Bolton School, setting out aims and stating that a decision had been made to embark on the project!

Artistic impression



The need had been established, a commitment from the health authority obtained, and now all that was needed was the support and goodwill of the community at large.

The first meeting of the hospice governing body took place in 1987 and the company was registered as a charity. Outline planning permission was granted for the site overlooking Queens Park, just off Chorley New Road, which was thought to have many advantages:

♥ **Easily accessible by foot** ♥ **Close proximity to the town centre** ♥ **A rural outlook**

In 1989 the Mayor of Bolton, Councillor Ken McIvor, handed over the land on Queens Park Street as a gift from the Metropolitan Borough Council, upon which to build the hospice.

In the same year, our first hospice charity shop on Chorley Old Road was opened, having being bought and opened on a shoestring budget by supporter Mollie Bentham. The shop made just £50 on its first day, but by 2015 had raised more than £2.2 million!

Thanks to the help of a campaign by The Bolton News, our supportive local community began to raise the funds necessary to build the hospice.

By 1990, £850,000 had been raised and the building had commenced!

In October 1991, the keys of the building were handed over to the new Mayor of Bolton, Councillor Gerald Riley. Our first hospice Matron, Mrs Pat Sneddon, had already moved in. One of our founding supporters, the late Irene Roocroft, wrote an article with wonderful detail about the very early days of our hospice:

“When the building was completed but not yet open, I used to take my electric typewriter down, plug it in behind a desk in reception and type up any papers for Matron as there was no office staff employed there, it was completely empty. It was a very exciting time as each day we had deliveries of more equipment and furniture and you saw the hospice developing before your eyes!”

In February 1992, the nursing staff commenced an intensive induction programme. On the 2nd March 1992 our first patients, Ellen and Maria, were admitted – they will always be remembered with affection and pride.

We are proud to be such an integral part of our town. The generous and unwavering support has remained unchanged in our community over the last thirty years. We strive to provide the very best hospice care and will continue to work together with our community to ensure our services meet the demand for specialist palliative and end of life care in Bolton.

We are here for everyone in Bolton who needs us, now and in the future.



1992 Bolton hospice opens

1993 A royal visit from HRH The Princess of Wales

1994 The Bolton Evening News launches 'The Wheels Appeal' raising funds for a Special Ambulance

1995 Our new Fundraising office is occupied

1997 Our Hospice at Home service is launched

2001 A £1.5 million extension is added to the hospice, providing a Day Therapy Unit.
January - The first patients moved in to the new facility on 29 January 2001
September - launch of the new weekly lottery

2003 The Inpatient Unit is updated, with 2-bed bays converted to provide all single rooms

2006 First Midnight Memories Walk takes place

2007 The Bolton News runs an appeal to raise £100,000 to transform the hospice garden.
HRH Princess Alexandra officially opens the newly-named Garden of Tranquility

2013 Local actress Maxine Peake becomes Vice-President of Bolton Hospice

2014 First phase of the 'Building for the Future' project is completed to increase capacity and improve the care environment

2018 Win the Hospice UK 'Shop Window Challenge' during Hospice Care Week for our live window installation dispelling people's misconceptions about hospice care

Hospice at Home team awarded the Butterfly Award for Outstanding Practice in End of Life Care

2017 The Old Bank Cafe and new shop in Astley Bridge opens. We are a finalist in the Bolton Business Awards for its success

We become the first hospice in the UK to be awarded the Macmillan Quality Environment Mark (MQEM)

2019 4 of our Allied Health Professionals awarded the Bolton NHS FT's ABC (Attitude, Behaviour & Communication) Awards for events that would usually go unrecognised on a daily basis

2020 Wellbeing Hub opened

2021 New town centre shop on Newport Street opens



30TH ANNIVERSARY SUMMER DRAW

The Bolton Hospice Lottery is getting into the party spirit this summer, with 30 fantastic prizes up for grabs to celebrate our 30 Years of Caring!

Last year, our Summer Draw raised a record-breaking £52,500 for the hospice, thanks to ticket sales and kind donations, and now we need your support more than ever.

The draw will take place on Tuesday 14th June 2022, with tickets costing only £1 each.



Our bi-annual Super Draws first started back in 2009

OUR 30TH ANNIVERSARY SUMMER DRAW PRIZES ARE AS FOLLOWS:

£1,000 Cash • £300 Cash • 3 x £100 Cash

3 x Weekend Break for Two

3 x Cinema Tickets with Dinner for Two

3 x £50 Garden Centre Voucher

3 x £50 Cash • 3 x £50 Family Day Out

3 x Afternoon Tea for Two • £30 Cash

3 x £30 Amazon Voucher

3 x £30 M & S Dine in for Two Voucher

£1
per ticket

Send your Summer Draw tickets back to us within 10 days of receiving them and be in with the chance to win a £50 M&S voucher

Remember to buy your draw tickets before the closing date of Friday 10th June. For more information and to buy your tickets online visit www.boltonhospice.org.uk/play-our-lottery



Hospice Doctor swaps scrubs for running shoes

Bolton Hospice Doctor Jonny Ladd and brother Alan set their own 'hospice to hospice' 50 mile challenge in 2021, running on 30th October from Wheatfields Hospice in Leeds to the finish line here at Bolton Hospice!

The two hospices have special significance to Jonny and Al, with Wheatfields Hospice caring for their mother and Bolton Hospice caring for Jonny's father-in-law. Together the brothers aimed to raise as much money as possible for their two chosen charities.

Jonny and Al shared on their fundraising page:

"Having provided such loving care to Catherine, our mum, and Geoff, Jonny's father-in-law, we know both hospices are places where people receive kindness and attention when they need it most. Catherine and Geoff were both very special people who deserved very special care. We were so grateful for everything these hospices did for them, and we know this is the same for hundreds of other families every year."

The brothers were joined for the final 5k of their challenge by Bolton Hospice Creative Therapist Mary Stubbs, Complementary Therapist Varsha Hira, hospice volunteer Helen Calderbank and Varsha's sister-in-law Prem Vekeria.

Through their amazing efforts, Jonny and Al raised a total of £3,280 to support both Bolton Hospice and Wheatfields Hospice.

Thanks so much to everyone at Wheatfield and Bolton Hospice for all your help and support in the build-up and on the day!



If you're inspired to take on your own challenge to help the hospice, please visit www.boltonhospice.org.uk/take-challenge or call the fundraising team on 01204 663 055 to discuss your ideas.

Shining a spotlight on

Phil Isherwood Hospice Poet

My Bolton Hospice journey started when I was a student at the University of Bolton; the Creative Therapy department at the hospice were looking for writers to support their patients to capture their memories.

I went to visit the hospice and it just felt like that was the place that I needed to be.

Hospices are very cheerful places – people always think it must be very daunting and difficult there, but it isn't – it's a lovely place and it's very inspiring.

I just loved the idea of listening to people and taking inspiration from them into a creative piece of work. So they started calling me the 'Hospice Poet' after several months, and 10 years later I am still with them!

Every day that I am at the hospice I learn new things from conversations and stories with patients and their families. Some of my best memories are of reading a poem to a patient, inspired by a conversation the previous week, and seeing the smiles (sometimes with happy tears) having captured something really precious to them.

It is a great privilege to do the work and the hospice is a marvellous place of care and kindness - it's not just about medicine and nursing, it is the whole package that blesses people that just need that support.

My poem called 'The Poets Day' sums up my sense of belonging as the Bolton Hospice Poet.

Phil Isherwood

This story has been taken from our 30th anniversary publication '**Bolton Hospice, 30 years of caring from the heart.**'

The special edition book proudly celebrates the history of the hospice and features 30 heart-warming supporter stories.

Our special edition book is priced at £10 and can be purchased from our online shop: www.shop.boltonhospice.org.uk/shop



A Poet's Day Phil Isherwood

I arrive after learning a new phrase.
'The medical breakfast' that precedes
the scrambled egg. The dancer has also
left me wondering about choreography,
if it may share its skills with poetry.
Do both need silence before the music,
or words need practice before a mirror?

Upstairs, we talk first about taking blood,
then reminisce on Green Shield Stamps
and their small blue Coop-Divi sisters.
'My mum had books-full. I helped
to lick-and-stick them all in and I
thought we'd travel all over the world.
I still have the Pyrex casserole dish.'

When the commotion in the inspectable
art cupboard has cleared, another team
talk at their task. 'I'm just not arty'
(a lot say that), 'It's waiting for the birds'
(they've already had their space prepared).
Butterflies are glittered 'just enough'
to help them float above the meadow.

Another canvas has received its wrist-twist
textures of pink and purple over turquoise.
We have to wait before the tape-tracks are
teased away and the journey continues again.
From the next room I begin to hear music.
'These are a few of my favourite things'.
I realise I feel at home, quite at home.

9th August 2016, Hospice Ward, Day Room and Art Room
Phil Isherwood (Bolton Hospice Poet)



Sponsor a Nurse

We know you would do anything you could to prevent your loved ones being alone, afraid or in pain at the end of their life. Because that's what our nurses do every day.

And they don't just provide end of life care. Our team of specialist nurses can help as soon as an incurable illness is diagnosed, supporting patients and families at every difficult step of their journey.

Whether it's using their expert knowledge of pain management and symptom control, their experience in supporting family members in distress or simply providing a hand to hold in the middle of the night - our nurses are there to provide care, hope and support.

There are more people than ever in need of our specialist care, and having recently expanded our services to meet this demand, we need your help to grow and maintain a team of nurses with the specialist clinical skills and compassion that hospice care needs.

For a limited time only, when you sign up to sponsor a Nurse by Direct Debit you can choose to receive the following:

- ♥ One of our lovingly hand-made knitted nurses
- ♥ Our Sponsor a Nurse Badge of honour
- ♥ A reusable tote bag
- ♥ We'll also send you regular updates on how your support is helping throughout the year.

Our regular giving supporters have been integral in ensuring the hospice has had a steady income in these uncertain times, and every single donation enables us to look to the future ensuring we're there for the families in Bolton who need us. Recovering from the pandemic isn't going to be easy, but together we can do it.

Sponsor a nurse



Bolton Hospice



'There are many services provided by Bolton Hospice, most of which I didn't realise until my husband became very poorly. The palliative care team, nurses, occupation therapists, advice at any time, the Hospice Bereavement Group and so many other behind the scenes activities. The bereavement group helped me so much and I have made many lasting friendships. When the fundraising team contacted me about the knitting project I was more than happy to oblige, it has also helped me cope with the lock downs during the pandemic.'

Eleanor Naylor - Hospice supporter

From only £3 per month you can help Sponsor a Nurse to support people like Eleanor.

To sign up visit boltonhospice.org.uk/SAN

Wing walk for Bolton Hospice!

Saturday 16 July 2022

Are you an adrenaline seeker?

Looking for a bucket list challenge?

Come and join us on Saturday 16th July 2022 at Leeds East Airport, where you can take to the skies on the top of a Boeing Stearman plane as you wing walk for Bolton Hospice.

Flown by a highly experienced wing walking display pilot, you will experience an exciting series of flypasts, zoom climbs and steep dives all in front of your family and friends as they cheer you on!

It's an unforgettable experience, and back on the ground, the money you raise will be used to fund the vital end of life care and support Bolton Hospice provides for individuals living with life-limiting illnesses.

Places for our 2022 Wing Walk are limited and include an exclusive participant pack and t-shirt to help you raise sponsorship for your ultimate charity challenge.

Registration is £100 with a suggested minimum sponsorship of £599.

Restrictions: Weight Under 85kg, Age: Min 18 years

To sign up or for further information visit our webpage: boltonhospice.org.uk/wing-walk



Find your next charity challenge

If a Wing Walk isn't your cup of tea, why not find your perfect challenge to fundraise for Bolton Hospice at www.boltonhospice.org.uk/take-challenge



Why not put on your walking boots and climb for a good cause?



Push your limits and row to raise vital funds



Or even Skydive to show your support!

HOSPICE HEROES

We couldn't do what we do here at Bolton Hospice without the support of our incredible community. Here is a snapshot of some of the amazing supporters who have raised funds for the hospice through their own fundraising activities. If you would like to be featured as a Hospice Hero too, please send details of your fundraising and a photo to fundraising@boltonhospice.org. Thank you to each and every one of our Hospice Heroes – your support means the world to our team, our patients and the families we care for in our community.

Sally Helston

Sally from Marlborough Group took on the White Collar Fighter Challenge as part of our Workplace Raise-A-Thon challenge and not only won her category but also won star fundraiser, raising an incredible total of £1,680.



Sally Helston – Marlborough Group

Ollie Younge

Hospice volunteer Ollie Younge climbed Snowden for Bolton Hospice, pushing his limits and raising an amazing £935. Ollie would recommend it to anyone saying "Get into training, strengthen the legs and go for it!"



Ollie Younge – Mount Snowden



Stuart Owen

Stuart Owen

Stuart ran the Heaton Park Half Marathon in 2021, raising a wonderful £600 in memory of his mum Charmaine Owen who was cared for by our team.



Louise Righini

Louise Righini

Louise Righini challenged herself to complete 40 races before her 40th birthday in December 2021 and she successfully reached her goal just in time for her birthday celebrations! Louise raised an impressive £335 along the way with her 40 races, including the Great North Run Solo, Vitality London, Manchester Marathon and Race for Life.

"The challenge has been great at keeping me motivated and active and has also inspired others to consider doing their own challenge for charity."



Box Power

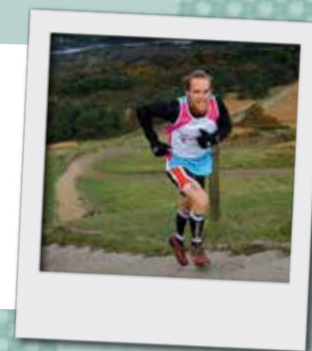
Box Power – Corin and Tricia Dalby

Bolton Hospice received THE BEST surprise ever from Corin and Tricia Dalby from Box Power CIC. The hospice was lucky to have been chosen along with 22 other fabulous North West charities to receive a very kind donation. On the day of the presentation they shared the ultimate surprise by doubling the donation for Bolton Hospice to an incredible £40,000!

Matt Smith

Matt organises The Smithy Trail Run each January in memory of his Dad who was cared for here at the hospice. This year the event raised an amazing £3,500!

"Thank you so much to everyone who participated for braving the conditions on the day and coming together to raise as much money as possible. I hope to see them all again next year!"



Alice Burns

Alice Burns

Alice had been growing her hair since before the first lockdown in March 2020 and bravely decided to cut and donate her locks to the Little Princess Trust - who provide real hair wigs to children who have lost their own hair through cancer treatment or other conditions. Alice also wanted to raise money for Bolton Hospice in memory of her grandad, David Smallwood, who died in November 2018. Alice saw her grandad for the last time at Bolton Hospice on 23 October 2018 and wanted to do something special to mark this anniversary.

Alice has helped to raise an amazing £320 for the hospice and we can't thank her enough!



Volunteering improved my outlook on life!

When Tom responded to an advert he'd seen on the Bolton Hospice Facebook page, he had no idea how much it would change his life.

Tom Knights-Rigler, now aged 22 from Astley Bridge, had suffered from anxiety for several years and had not been able to gain employment. It was suggested to him that finding a volunteer position could improve his confidence and self-esteem, and the position at Bolton Hospice's Old Bank Café was local to his home and appealed to his interests.

After being supported by his mother at the interview and during the induction process, Tom soon settled into a regular volunteering shift at the café, and thanks to the support of the staff, other volunteers and the regular customers, he quickly made friends and started to grow in confidence.

After 4 months of volunteering, Tom has now started his first paid job this week as a Porter at Manchester Grammar School, and has thanked Bolton Hospice for helping him on his journey.



“I've grown my circle of support by volunteering for the hospice, and I now feel like an active part of my local community again. The café has been such a safe space for me to be in, and I've not been forced into doing things until my confidence grew. The experience has changed my outlook on everything in my life – it even gave me the confidence to drive and visit my grandparents in Cambridgeshire on New Year's Eve, something that I've not felt able to do in a very long time! I will miss everyone at the café, but will visit as often as possible.”



“We are so proud of Tom - under the management of our staff he has excelled within this voluntary role, and he even did extra shifts for us! Whilst we will miss him immensely, we are so happy that his confidence has grown so much that has led him to getting a job – good luck Tom from everyone at Bolton Hospice!” *Cathy Wright, Head of Retail*

We are currently looking for new volunteers across the borough to offer a minimum of 3 hours per week in one of our charity shops or the Old Bank Café.



Old Bank Café is situated adjacent to the charity's shop, next to Asda on Hillview Road, and serves speciality tea and coffee, breakfast, light lunches and delicious cakes.

Opening times: Monday – Saturday 10am – 3.30pm, Sunday 11am–2pm

To find out more about volunteering opportunities with Bolton Hospice, visit www.boltonhospice.org.uk/volunteer-with-us or call **01204 663 055**.

Bolton Hospice Recipe

The Old Bank Café is open 7 days a week and serves a delicious range of speciality tea and coffee, freshly prepared breakfasts, light lunches and delicious cakes – all to eat in and take away.

It's the perfect place for a working lunch or meeting. We also pride ourselves on being a breastfeeding-friendly café, and have even installed a potty in our toilet for smaller customers.

Try your hand at making our delicious scones, the perfect addition for fundraising coffee mornings or bake sales.



Scones by Jacqueline Barlow, The Old Bank Café Manager

Pre heat oven: Electric fan 220 / Gas 7

- 1 bag of self-raising flour
- 1 and a half packs of butter, softened
- 1 cup of sugar
- 1 and a half cups of sultanas
- 2 eggs
- 1 pint of milk
- 1 cap full of vanilla essence (optional)

Method

1. Rub the fat in to the flour.
2. Add sugar and sultanas to the mix.
3. Mix together the milk and eggs, then add to the mixture.
4. Add a teaspoon of vanilla essence (optional)
5. Mix all together in a large bowl
6. Roll out onto a floured surface until about the depth of your scone cutter.
7. Makes around 28 scones
8. Bake for 10 minutes until risen and golden on top



The Eternal Roses of Bolton Hospice

Whatever the weather see your rose bloom in support of Bolton Hospice

The rose was chosen as a symbol for Bolton Hospice as we felt it spoke eloquently about our ethos. In the language of flowers, the rose portrays the story of life – it buds, it blooms, it withers, it dies – yet its memory lives on and is a symbol of love, the essence of hospice care.

As part of our 30th anniversary celebrations, we have commissioned a limited number of colourful hand-forged roses, which supporters can purchase in memory of a loved one, as a meaningful gift or simply to brighten up a corner of your home or outside space.

The roses, available in 6 different colours, are handmade from solid, powder coated steel and will last for many years alongside the plants in your garden. As well as serving as a year-round garden sculpture of remembrance, the rose stake can also provide vital support to young plants.

The funds raised by selling our Eternal Roses will help us to continue caring for patients and their families now, and in the future.

Cost per rose: £20, or order all six colours for £100.

The roses will be available for collection/delivery from late March 2022. There will be a display of the roses in Queens Park on Saturday 23rd April, where it will also be possible to collect your ordered rose(s) in person at this event.

Colours:

Forever Teal

Yellow Dawn

Perfect Pink

Precious Amethyst

Endless Blue

Scarlet Heart

Dimensions: Height 55cm x Width 5cm (suitable for both indoor and outdoor use).

Secure your limited edition rose by visiting: shop.boltonhospice.org.uk



Rose



*A beautiful rose,
In the summer it glows,
And in my dreams I think
Of its chic shade of pink.
A rose is a symbol
Of hope and of love,
And the splendour and freedom
Of an elegant dove.
Now I will leave you,
With a loving state of mind
And an everlasting hope
Till the end of time.*

*Poem by Jennifer Taylor, aged 12
First printed in the Summer 1993 Bolton Hospice magazine.*

Keep their loving memory alive

Our Virtual Garden

As we're stepping into Spring, could you help this year's Virtual Garden bloom? You can add a beautiful flower to the hospice's Virtual Garden and share a heartfelt dedication to a loved one who is no longer with us, but never forgotten. Our Virtual Garden is a place that you can leave a lasting memory you have of a loved one, share stories & special photos and dedicate a flower to the person you are remembering with love this Spring. You can visit the Virtual Garden at

boltonhospice.dedicationpage.org/virtualgarden



Tree of Life

Our Tree of Life is a beautiful, handcrafted metal sculpture located in the hospice's main reception that allows personalised engraved leaves to be added to the branches to create a stunning and poignant lasting collection of memories and special messages. Leaves can be dedicated in memory of a loved one, to express thanks, to show support to the hospice or simply with your own name or personal message.

To find out how you can add a Copper, Silver or Gold leaf to our Tree of Life please see **www.boltonhospice.org.uk/tree-life**



**Bolton Hospice
Tribute Fund**

Tribute Funds are a unique way to make a lasting tribute to a loved one and for many people, supporting a cause by concentrating your time and effort into keeping a memory alive can help with loss.

You can set up a Tribute Fund in the name of your loved one and, as it is personal to you, you have the choice of how and when it is added to. Your gifts, and those of your family and friends who can also be invited to contribute, will help us continue to care for people with life-limiting illnesses whilst at the same time act as lasting tribute to your loved one.

To find out more about creating a Tribute Fund please visit **www.boltonhospice.org.uk/tribute-funds**



30 ways to support the hospice this year



Whether it's holding a bake sale, signing up to join our lottery, taking on a fundraising challenge or volunteering at the hospice, we would love our supporters to help us celebrate our 30th anniversary. Take a look at our '30 ways to support us' list to find out how you can help!

1 

Organise a birthday party for us and raise money with games or a raffle!

2 

Volunteer at one of our charity shops.

3 

Sign up to our weekly lottery to win our £1,000 top prize every Friday – for just £1 a week!

4 

Sponsor one of our hospice nurses from just £3 a month.

5 


Share your memories of the hospice with us via marketing@boltonhospice.org

6 

If you are a local business, choose Bolton Hospice as your charity of the year.

7 

Shop second-hand in our charity shops and grab some bargains!

8 


Set up a Facebook fundraiser and raise money for us online.

9 

Place a collection tin at your local pub, shop, café, restaurant or anywhere else you visit

10 

Take on a sponsored challenge for us - run, cycle, skydive, or brave our wing walk!

11 

Add a leaf to the hospice's poignant Tree of Life, to remember a loved one.

12 

Visit us at The Old Bank Café in Astley Bridge (next to Asda), open 7 days a week for a brew!

13 

Treat yourself to a special item from our eBay store at ebay.co.uk/usr/boltonhospice2016

14 

Set up a Tribute Fund in the name of your loved one as a lasting tribute to them.

15 

Book us to deliver a talk about the hospice at your school/group by calling 01204 663 055.

16 

Purchase a scratch card for £1 with a chance to win up to £1,000 cash or a Carrs Pasty!

17 

Come to one of our fundraising events and show your support in person!

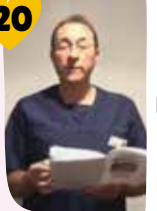
18 

Healthcare professionals can book onto one of our palliative and EOLC training courses.


19 

A Gift in your Will
Make a lasting difference

Make a pledge in your will to make a lasting difference and support the hospice's future.

20 

Attend one of our 'Time for Remembrance' events, held four times a year.

21 

If you are a local celebrity, send the hospice a happy birthday message for us to share!

22 

Invite our mascot Cyril the Squirrel to join you at an event or fundraising activity.

23 

Local businesses can become a hospice Patron and help us to support local people.

24 

Have a clear out of your unwanted belongings and book a home collection with us.

25 

Come and join Team Bolton Hospice as a member of staff – it's a great place to work!

26 

View our impact dashboard on our website to learn about the difference we are making.

27 

Follow us on social media and help us by liking and sharing our posts.

28 

Look out for our special touring 30th anniversary exhibition across Bolton during 2022.

29 

Purchase one of our special items of anniversary merchandise to help us raise vital funds.

30 

Or simply make a donation by scanning this QR code!



Meet the Bolton Hospice Education Team

Vicki Guest & Angela Egerton, Senior University Hospice Lecturers / Practitioners joined Bolton Hospice 15 years ago as newly qualified nurses, and have worked together ever since their first day on 23rd October 2006.

"While we were both nurses on the ward, we were involved in the clinical learning environment which is where we looked after the student nurses that came to the hospice; so we were both interested in education and development from then. The Education Team was started by another member of staff in around 2008/2009."

Angela was redeployed at the hospice during the height of the pandemic, working with other services that needed support.

"When Covid-19 hit I was redeployed because we couldn't do any education at all really, so I was redeployed to the other hospice services and I did work for 12 months with the hospice at home team and on the ward, then slowly was able to be released back to my own post within education and I am back there full time now. We do still help out on a lot, sometimes just covering if it is needed on the ward."

"A lot of things have changed at the hospice, the building's themselves have changed and are unrecognisable really to how they were when we first started at the hospice. As far as our roles, they have changed but the hospice ethos is still there and the fundamentals of what we do. The hospice has grown massively over the last 15 years and for the better, it is a place for the Bolton community and we've developed to reflect that."

"We're a small team, there's three of us and as recently Hannah joined us as Clinical Educator. We like to have challenges and no day is the same, we are still working clinical at times but we're enjoying what we're doing and trying to get the hospice message out there to as many people. Education is not just internal for us, it very much is about taking the hospice ethos outside."

This education role has given us a lot of experiences, we've achieved a lot and even won an award. We've had many opportunities to go out there and get the message out, we've spoken at conferences about Bolton Hospice and what we do in education.

The main aim of everything that everybody does at the hospice is to support patients and their families, and over the last 15 years we've never forgotten that - even when we've come into this role of education, supporting teams and other nurses and other professionals in what they do, the main aim is to enhance patient care within Bolton."



Vicki and Angela

You can find out more about our Education Team and their work at the hospice and out in the community at boltonhospice.org.uk/training-and-education

Hannah Holmes - Clinical Practice Educator

"I qualified as a nurse in 2009 after starting my career as a cadet nurse at the age of 16. Throughout my three years as a student nurse, I discovered a passion for palliative and end of life care during a placement. My mentor was an amazing nurse and I strived to be able to give the compassionate care that she was able to. After qualifying, I gained experience at Salford Royal Foundation Trust, which provided me with the skills to be able to branch out into my chosen area of nursing."

I gained my first palliative care post in 2013 and I was lucky to have access to high quality education. Recognising what quality education could enable a nurse to achieve led me to applying for the post of Clinical Practice Educator at Bolton Hospice in 2021. This is a new role for both Bolton Hospice and Wigan and Leigh Hospice, and is still evolving but the collaboration of two hospices will enable us to share ideas, resources and provide excellent education, which will promote a strong, confident workforce."



Did you know we provide a range of short courses and study days?

We offer a selection of learning opportunities that address many aspects of clinical, communication and care issues. The range of study days is available for a variety of healthcare professionals and we can always look to tailor our delivery to meet your particular requirements so please do not hesitate to contact us to discuss your needs.



We are pleased to be offering a variety of virtual short courses that you can complete from home or your office. Please visit www.boltonhospice.org.uk/training-and-education.

April - Advanced Care Planning and Communication Skills

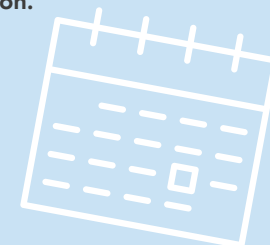
May - Complementary Therapy in Palliative and End of Life Care

June - Supporting Teenagers through Loss, Grief and Bereavement

July - Supporting Families & Children through Loss, Grief and Bereavement

August - Real Plan course

September - Opening the Spiritual Gate



Right Royal Knees Up 2nd – 5th June

The Platinum Jubilee celebrates 70 years of her Royal Highness the Queen's reign and we're calling on all of our supporters to help mark the occasion with your very own 'Right Royal Knees Up' fundraiser for Bolton Hospice.

This is our chance to not only mark the Jubilee but also to thank people in our own lives and celebrate together to raise vital funds for Bolton Hospice. Come together with your local community and hold a street party, or gather with your friends and hold a coffee morning or British Afternoon Tea. You could even hold raffles, a 'through the ages' themed quiz night, street games or themed parties...let's put the fun into fundraising!

Our fundraising team is here to offer any ideas, support and advice with your 'Right Royal Knees Up' activities too, so please contact us on fundraising@boltonhospice.org or call 01204 663 055.



My Memories Walk Live Event Returns! 17th September

We're so excited that we can finally come together and remember our loved ones this year, in a return to our My Memories Walk live event!

This year, to celebrate our anniversary there will be an additional walk in fancy dress with a prize for the best costume!

Look out for information on our social channels! You won't want to miss this!



Upcoming events

April

2nd April – Strictly Learn to Dance Final

Watch our couples step into the spotlight and show off their newly found dance skills, all whilst raising much needed vital funds for the hospice.



23rd April - Eternal Roses display at Queens Park

Join us for refreshments in the sunken garden in Queens Park between 10am and 2pm to see our Eternal Roses on display (see pg. 16).

May

Move It May

30 minutes of exercise, each day, your way!



19th May – Ladies Lunch

A fantastic day of fashion, entertainment, stalls to shop and a three course lunch at the stunning Rivington Hall Barn, all in support of Bolton Hospice.



June

14th June – Summer Draw

Our special 30th anniversary Summer Draw will be one to remember. Our fantastic range of 30 prizes gives you more chances to win and support the Bolton Hospice Lottery.

July

16th July – Wing Walk

Calling all adrenaline seekers! Come and join us at Leeds East Airport, where you can take to the skies on the top of a Boeing Stearman plane. Challenge yourself and help support the hospice too!



21st July – Golf Day

Gather a team of 4 and join us at our annual Golf day at Bolton Golf Club. Light lunch and evening dinner provided.



September

17th September – My Memories Walk

Our spectacular live night time walk is back! Keep checking our social media channels for updates.



All events are subject to change.

Please keep checking our website for latest events updates at www.boltonhospice.org.uk

30TH ANNIVERSARY SUMMER DRAW



Make a difference **this year** — and become a — **Bolton Hospice Volunteer**



Do you have 3 hours a week to spare?

☒ **Make New Friends** ☒ **Learn New Skills** ☒ **Help Others**



**Call 01204 663 063 or
scan this code with your
phone to apply online**

