



Bolton Hospice
caring from the heart

SPRING 2023 NEWS

**Be a Legend
like John &
Volunteer
for Us!**

In this issue

Celebrate With Us



Take On A Challenge



Win a Holiday



www.boltonhospice.org.uk

Registered Charity no. 518704

SAVE THE DATE 2023

All events are subject to change. Please keep checking our website for latest events updates at www.boltonhospice.org.uk



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www.boltonhospice.org.uk

If you would like to opt out of mailings, please contact the fundraising department on 01204 663 055 or email fundraising@boltonhospice.org

HELLO

Welcome to our Spring edition of Bolton Hospice News! We've included information on our specialist support available at the Wellbeing Hub, our upcoming fundraising events, and an update on how you can help us amidst the cost of living crisis we are all facing.

Interest rates have increased again, the impact of the cost of living continues, the financial challenges we face both as a country, a hospice, as well as in our individual pockets, grow ever more challenging, so at times it can seem hard to lift the gloom.

But we are a hospice, where mood-lifting magic happens every day because of what we do.

Recently a man arrived at reception and asked for the boss. I came down the stairs to be met by a lovely gentleman, Ken, who wanted to apologise for the delay between his Diamond (60 years) Wedding Anniversary event at the end of December, where he and his lovely wife asked for donations to Bolton Hospice.

He hadn't been able to bring the £1,025 raised in to us until now because his wife is in hospital with terminal pancreatic cancer and she has needed all of his attention.

We chatted about his wife and their long and happy marriage.



How wonderful, to not only choose to raise funds for Bolton Hospice on their special day, and how touching that he was concerned about the delay in giving it to us. I have to be honest, I was deeply moved by his story, his support and unbelievably humbled to accept an envelope with the cash donation.

Its people like Ken who keep us going emotionally, as well as with their donations; people who know just how valuable what we do is, how special it is, and how valued it is by the people of Bolton. Ken's story is just one of the many we hear throughout our day and helps nourish the soul and lift the gloom.

Thank you for being part of our hospice family. You help us to keep going on even the gloomiest of days.

Leigh

Leigh

Volunteer story

John McGinlay

A legend and a Bolton Hospice Volunteer

We're sure you'll recognise the face behind this latest volunteer story!

As well as being a Bolton Wanderers legend, ex-striker John McGinlay is also a valued Bolton Hospice volunteer.

John's mum was cared for in a hospice in Scotland, so he knows just how important local hospice care is for people living with life-limiting illnesses. He always knew that he wanted to get involved and help out at some point, and, 5 years ago, he did just that.

Initially John started volunteering in the Inpatient Unit, but, after finding out more about the different opportunities available in our charity shops, decided to try his hand there. John now volunteers once a week driving the hospice car between our charity shops across Bolton, distributing stock, posting eBay parcels, and generally making sure our shops managers and volunteers have everything they need to keep our shops running smoothly.



"I do whatever's needed of me really! They're all lovely people; all the volunteers in the shops are really nice. It feels good to be a part of so I'd definitely recommend it to anyone who has a bit of time on their hands. You'll find it rewarding in lots of different ways. It's nice to help people, and the hospice is such an important part of Bolton. It's important that it thrives."

We need more volunteers!

Do you have 3 hours a week to spare?

✓ **Make New Friends** ✓ **Learn New Skills** ✓ **Help Others**

Call 01204663063 or Scan this QR code with your phone to apply online.



Volunteer with us

Make a difference and become a Bolton Hospice Volunteer



1 Town Centre	5 Horwich	9 Furniture Plus
2 Westhoughton	6 Tonge Moor	10 Bury Road
3 Astley Bridge	7 Little Lever	11 Old Bank Cafe
4 Farnworth	8 Chorley Old Road	



Bolton Hospice is always looking for new faces to bring different skills and qualities into the hospice and our charity shops; no matter your circumstances and background there is a volunteer role to suit you!

When you become a Bolton Hospice volunteer, you're helping us to continue caring for local people living with life-limiting illnesses, and their families. You'll receive lots of training and support to help you thrive in your new role, and be immediately welcomed into our wonderful community of existing volunteers.

Shop Volunteer

You'll help run one of our charity shops; sorting stock, replenishing the shop floor and selling donated items to our loyal customers.

eBay / Online Sales Volunteer

As an eBay/Online Sales Volunteer you'll support our charity shops by; logging donations to be sold online, researching goods and assisting with online listings, preparing items and assisting with postage once sold.

Van Driver Volunteer

As a volunteer Van Driver, you will be busy collecting donations from across the borough of Bolton and delivering back to our shops to be sold.

We also have volunteer Drivers' Mates to assist with collections if this is a role you are interested in.

The Old Bank Cafe Volunteer

At The Old Bank Cafe, volunteers will be serving customers, preparing food such as sandwiches, paninis and beverages and ensuring the cleanliness of the cafe.

If you'd like to volunteer with us but are unsure which role would be the best fit, please get in touch with us to discuss the different opportunities in more detail. Contact our shops team at: shopsco-ordinator@boltonhospice.org or call **01204 663063** or Scan the code on the previous page with your phone to apply online.

How you can support us in 2023

We know that finances are difficult for many of us at the moment. The cost of living crisis is a real concern and like others in our community, the hospice is already feeling the impact of rising costs.

We know we are not alone in worrying about our financial future and this year is going to be a challenge for us all. We are very grateful for the support you have afforded us in the past, and if you are able to in these tough times, it would be wonderful if you could help us once again.

There are many ways you can show us your support in 2023!



Volunteer with Us

We're always looking for new faces to join our wonderful shop volunteer team! If you can spare 3 hours a week to help out in one of our charity shops please get in touch on 01204 663 063 or fill out an application form online at www.boltonhospice.org.uk/shop-volunteer-enquiry-form

Shop with Us

We pride ourselves in offering a wide variety of quality pre-loved items at the best possible price so visit one of our shops today to pick up a bargain! Find your nearest shop here:

www.boltonhospice.org.uk/shop-locations-opening-hours



Share on Social

Help us raise awareness about hospice services and shout about Bolton Hospice on your social media. Please share our posts to help reach as many local people as possible!

Having a clear out?

If you have any unwanted pre-loved household items or clothes, please consider donating to our charity shops. Every donated item raises vital funds for Bolton Hospice!

Make a donation

All donations big or small, make a huge difference to Bolton Hospice. If you are able to, please consider making a regular or one-off donation in 2023 to help us continue caring for local people.



Join our lottery

How would you like to be in with a chance of winning a top cash prize of £1,000 every week for just £1 a week? Our weekly lottery costs just £1 a week & raises vital funds to help us continue to provide care and support for local people when they need it most.

£1
per week

Leave a Gift in your Will

Did you know that 1 in 5 of our patients are cared for by Gifts in Wills? Many people choose to support Bolton Hospice by leaving us a gift in their will, in the knowledge that they will be helping us to be there for the growing number of local people who will need our care and support in the future.



What's On at The Wellbeing Hub



If you have a progressive life-limiting illnesses and are living within the Bolton area, our Wellbeing Hub can provide advice, support and specialist management to enable you to live well.

Jan Carers group is held monthly for those caring for people known to Bolton Hospice. In January the group session focused on managing nutritional needs.

1st A Gong bath is held 1st Wednesday of the month, 6.30-7.30pm, £12, and is available to book online at ondray.co.uk/events/

Thu Adapted Chair Yoga is held every Thursday between 1.30- 2.30pm

Tue Story Hub is held every Tuesday. Story Hub is for patients to come together to listen to a poem, story, or play, carefully picked to encourage reminiscence and reflection. There'll also be an opportunity to write your own poetry, with help on hand from our Hospice Poet, Phil Isherwood.

Wed Volunteer hairdresser June is now offering hair services every Wednesday

Thu Pulmonary Fibrosis exercise group is held every Thursday morning by the Bolton Pulmonary Fibrosis Support Group

If you'd like to know more about any of these sessions please get in touch with the Wellbeing Hub on **01204 663 066**.

If you think that you or someone you know could benefit from the specialist services our Wellbeing Hub provides, you can find out more and even complete a self-referral form here:

www.boltonhospice.org.uk/wellbeing-hub



Education and Training

Did you know we provide a range of courses and study days?

We offer a selection of learning opportunities that address many aspects of clinical, communication and care issues.

You can find out more about our training courses at www.boltonhospice.org.uk/training-and-education

19th April - Opening the Spiritual Gate

3rd May - Advanced Care Planning

9th May - Enhanced Communication Skills

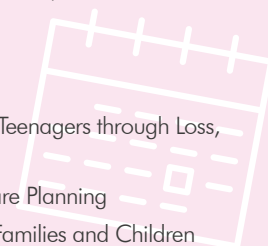
18th May - Syringe Driver Training

14th June - Opening the Spiritual Gate

15th June - Supporting Teenagers through Loss, Grief and Bereavement

5th July - Advanced Care Planning

13th July - Supporting Families and Children through Loss, Grief and Bereavement



Summer Draw 2023

The Bolton Hospice Summer Draw is back and it's bigger and better than ever! With fantastic prizes up for grabs, including a dream holiday voucher, a luxury getaway for two and multiple cash prizes.

Not only will you be in with a chance to win big, but by purchasing a ticket, you'll be supporting the vital work of Bolton Hospice. Our dedicated team provides care and support to those in need, and we rely on the generosity of our community to continue our work.

So, don't wait, buy your ticket today and join us in making a difference. Every ticket sold helps us to provide care and comfort to those who need it most.

Last year, our Summer Draw raised a phenomenal £37,300 for the hospice, thanks to ticket sales and kind donations, and now we need your support more than ever.

The draw will take place on Friday 23rd June 2023.

Our Summer Draw 2023 prizes are as follows:

£1000 CASH

£1000 HOLIDAY VOUCHER

£200 CASH

£50 CASH

25 x £10

LUXURY WEEKEND BREAK FOR TWO

£75 LOVE2SHOP VOUCHER

Tickets cost just £1. If you buy your tickets before the 30th April you'll also get a chance to win a £100 Amazon Gift Voucher!

For more information and to buy your tickets online visit www.boltonhospice.org.uk/play-our-lottery

You must be 16 or over to play or claim a prize. It is a criminal offence for persons under 16 to take part in the lottery. Licensed & Regulated by the Gambling Commission, 000-005205-A-313775-001. The promoter is Bolton Hospice Lottery Ltd and the responsible person is Alice Atkinson. Bolton Hospice Lottery Limited is licensed and regulated in Great Britain by the Gambling Commission under account number 5205. Please see www.boltonhospicelottery.org.uk for full terms and conditions.



Keep the Change



Playing our lottery is a brilliant way to support the hospice, while also being in with the chance of winning one of our 28 cash prizes each week, including our top prize of £1000

“It was such a wonderful surprise to win the Bolton Hospice lottery, we really couldn't believe it! We are looking forward to booking a luxury weekend break as a little treat. We think the hospice is such an amazing place and are so happy to be able to support it by being part of the hospice lottery.”

Happy Bolton hospice winner

To sign up to our hospice lottery visit: www.boltonhospice.org.uk/join-our-lottery

Or call us on: 01204 663 077

Did you know that new and existing players of the Bolton Hospice Lottery can now opt into our **Keep the Change** scheme?

Choose to round up your monthly payment by 66p and support even more families when they need us most. You can even say 'yes' to gift aid on this extra donation, making it worth 25% more at no extra cost to you!

Keep the Change will round up your monthly payments of £4.34 to £5 per number per month and the additional 66p will be treated as a donation to Bolton Hospice.

How do I sign up to Keep the Change?

1. If you're a current lottery player who pays by direct debit and would like to sign up to Keep the Change please contact us on 01204 663 077 or email us at lotteryadmin@boltonhospice.org or return the enclosed form.
2. If you play the lottery but do not pay by Direct Debit or want to join the lottery, you can sign up to a monthly direct debit here and select the Keep the Change option on the payment drop down: <https://boltonhospicelottery.securecollections.net/>

Terms & conditions

You must be 16 or over to play or claim a prize. It is a criminal offence for persons under 16 to take part in the lottery. Licensed & Regulated by the Gambling Commission, 000-005205-A-313775-001. The promoter is Bolton Hospice Lottery Ltd and the responsible person is Alice Atkinson. Bolton Hospice Lottery Limited is licensed and regulated in Great Britain by the Gambling Commission under account number 5205. Please see www.boltonhospicelottery.org.uk for full terms and conditions.



HOSPICE HEROES

From quiz nights and cake sales to fashion shows and charity nights, we've seen our supporters do some pretty amazing things to help raise money for Bolton Hospice.

Last year, 183 people organised their own fundraiser for us which raised an impressive total of £111,126.48 for our patients and their families. Our supporters never fail to surprise us with their passion, dedication and unwavering support of Bolton Hospice.

Amirah Bhaidka

Amirah Bhaidka is a talented 11 year old and attends Sharples Primary School.

She really enjoys art and calligraphy and wanted to use her talent to create artistic calligraphy designs on canvas for Bolton Hospice.

She raised a smashing total of £100.

Well done Amirah!



Amirah

Heather McEwen

Heather McEwen climbed Kilimanjaro in memory of her Dad Roy McEwen raising £439 for the hospice.

"Dad showed me exactly what it meant to be strong. With dad by my side every step of the way, I knew we would summit Kilimanjaro together. We made an inseparable and formidable team. My dad. My best friend. My everything".



Heather

Martin Axford

Martin Axford held a birthday party at Farnworth Cricket Club raising £2458 for the hospice.



Martin and friends

Booth Industries

Local company Booth Industries chose Bolton Hospice as their charity of the year during 2022 they raised a phenomenal £7300.

Booth Industries is a world-renowned provider of high performance, protection systems and multi-protection doorsets.

They took on a number of fundraising activities in order to raise as much money as possible. Such as a sponsored bike ride from Bolton to Southport, The Yorkshire Three Peaks Challenge and The National Three Peaks.



Booth Industries Staff



Jill

Jill Reece & Donna Knowles

Hospice Heroes Jill Reece & Donna Knowles were absolutely overwhelmed with the final figure of £27,965 for their 10 miles 10 pubs walk! This now takes their grand total to over £150k raised for Bolton Hospice since their first walk back in 2014.

Well done Jill & Donna!



Paul Limb

Action Coach, Paul Limb raised £750 for the hospice by organising a charity night featuring The Piano Man Martin Taylor at The Chetham Arms.



Paul



Suzanne and Shirley

Suzanne Williams & Shirley Turner

Suzanne Williams and Shirley Turner Hospice patrons from Donnelly Bentley raised £500 by knitting and selling chocolate orange covers over Christmas.



Olivia and Brian Power

Hospice nurse Olivia Power and her dad Brian Power organised a charity Rock night with members of the Scavengers MCC Raising an incredible £210.



Olivia and Brian

Whether you've organised your own fundraiser in the past, or would like to give it a go, our fundraising team are here for you to offer guidance, support and fundraising materials. We have a list of fundraising ideas on our website to inspire you and get you started. If you would like to have a chat with our fundraising team, please contact Kathryn on 01204 663064 or email fundraising@boltonhospice.org



Fundraise in Memory: Tribute Funds



We understand that the loss of somebody close is a deeply personal experience. Tribute funds are a unique way to make a lasting tribute to a loved one and for many people, supporting a cause by concentrating your time and effort into keeping a memory alive can help with loss. In 2022 Much Loved pages raised a staggering £26,660 for Bolton Hospice.

How does it work?

Once your fund is created, you can add to it at any time. For example, you may choose to celebrate a special day or anniversary by contributing to the fund, whilst others may hold their own fundraising event or take part in one of our events such as the My Memories Walk. You will also have an online giving page where family and friends can contribute to the fund online.

There's no limit as to how little or often you can donate to the fund. We will write to the tribute fund holder once a year with an update on how much has been raised and the work that it's supporting. If you would like to set up a tribute fund, simply register online at

www.muchloved.com/CreateMemorial

Alternatively, please call the fundraising office on **01204 663 065** or **fundraising@boltonhospice.org**.

Denise Booth created a much loved page in memory of her mum Betty Yates 1935-2022 raising an amazing £747.78.

Thank you Denise.

Bolton Hospice "is a wonderful place that did so much, not only for my mum in her last few days, but also for me and the rest of our family."

Denise Booth

Meet the team: Lisa

Say hello to Lisa, Senior Staff Nurse on our Wellbeing Hub team

“I’ve been at the hospice for nearly 8 years now, first on the Inpatient Unit, then Hospice at Home, and now I’m the Senior Staff Nurse in the Wellbeing Hub. I feel like I’ve really found my place in nursing in this role. When you work in palliative care, this is such a valuable role as it’s nice to see people living well before they move to needing other care. Coming to work and knowing you’ve really helped someone is an amazing feeling. It sounds corny but it’s true!

The hub has a focus on providing a safe space for people with life-limiting illnesses. Somewhere they can come and catch up with other patients, access our Creative and Complementary Therapy services, do some memory work or learn some techniques to help with relaxation, for example. It might just be that someone wants symptom management and emotional support from one of the staff on a one to one basis, or they can also come and join in with groups like nutrition support, anxiety management, and we’re even starting seated yoga very soon!

It’s a privilege to do this job and to have patients trust you with their thoughts and feelings. We’ve built an amazing community feeling here at the Wellbeing Hub, and with such a great team in place we’re going from strength to strength. Everyone is so passionate about providing something so important for the community.

”
Lisa



Dot's Story

Doris 'Dot' Williams was referred to the Inpatient Unit in December 2022 following a month long stay at Royal Bolton Hospital.

“I came in last week and it's fantastic. Absolutely fantastic. I was a bit reluctant when they suggested I came here, but I made the decision and I made the right one. They couldn't have fetched me to a better place if they'd tried. It's been wonderful. I'm so grateful for this place. I'd recommend it to anybody.

“Everybody's lovely, you can't fault the staff whatsoever. They'll do anything. Nothing's too much trouble, nothing at all. I've never met people like them in all my life. They're very special people. They're dedicated. They have feelings.

“I was in the hospital for about 4 or 5 weeks and they did their best for me but it's not like this. It's fabulous.”



Doris' brother, John, had been helping to care for Doris in her home before she was admitted to the hospital and then the hospice

“I came to see her when they fetched her in. The lady on the desk showed me where she was, and I walked in and the first thing my sister said was, “I love it here”.

It's a big relief for me and the other family. We've been trying to cope at home having carers in, but we're not trained to cope with these things are we, so it's difficult. We got by but only just. Dot realised that which is why she accepted the offer.

As soon as you walk in, everyone's greeting you and is so friendly and helpful and kind. There's nothing that's too much trouble. It's marvellous. You can't say enough about it, and I already know I'm going to be doing fundraising for this place, as I know that's how they run. On donations.”

Chloe's Story

Bolton Hospice supporter, Chloe Hampson took on the polar half marathon in Tromso, Norway to raise money for Bolton Hospice in memory of her mum.

Chloe ran the 13.1 miles in temperatures as low as -15c, and crossed the finish line in an absolutely amazing time of 2 hours! Not only that, but Chloe smashed her initial fundraising goal of £1,000 and has raised an incredible £1,150 for the hospice - thank you!



“My mum, Tracey, died of an aggressive form of breast cancer and bone cancer, my mum was having trouble walking as the cancer had also spread to her leg. wThey replaced her bone in her leg, and everyone was doing everything they could so she could have a better quality of life before she was going to die. Sadly this didn't work and she ended up being bed bound.

The hospice was a safe place. I could sit with my mum and even sleep there if I wanted to. There were many times where I hadn't eaten before I visited, but they always had sandwiches and biscuits and drinks for us there. They cared about my family as much as my mum. Unfortunately, mum got worse and died a week later.

The hospice's bereavement team told me I would likely be going through trauma after the death, rather than just grief. They helped us through the whole process to understand what was going to happen. They had a beautiful garden which was just a nice place to be at such a horrible time.

Bolton Hospice made my mum happy and helped her the best they could. Priceless really, no amount of money could pay for this.

Chloe Hampson





Are you still looking to challenge yourself in 2023?

We've made it easier than ever for you to challenge yourself for Bolton Hospice - all you have to decide is which challenge event tickles your fancy, then register for your FREE place! Find out more here: www.boltonhospice.org.uk/challenge

Leeds Marathon

2023 will see the first ever Rob Burrow Leeds Marathon take place, starting and finishing at Headingley Stadium, and taking in some of Leeds' most scenic countryside and outer suburbs in a brand-new route.

Chase the Sun Heaton Park

Starting at 7pm, the aim is to get around the course to the finish line before the sun goes down! Play it safe and fly around the 5k to finish before sunset or go for the extra challenge of the 10k

Salford Quays Bungee Jump

Manchester Salford Quays is the UK Bungee Club's main bungee jumping site in the North of England and makes a fantastic bungee jumping venue. As you reach the 160ft height, you will have a few seconds to admire these views before hearing those famous words, "3, 2, 1, Bungee!"

Alton Towers Races

November 2023 sees Alton Towers host a series of brand new race events. Whether you're up for the 5k, 10k, Half Marathon, or want to run around the UK's largest theme park, you're in the right place!

If you would like more information on taking on a challenge for Bolton Hospice, please contact us on **01204 663 065** or email fundraising@boltonhospice.org



Birthday Fundraising



If your birthday is coming up, you could do something extra special this year by dedicating your 'big day' to Bolton Hospice. You can make a real difference to local people with life-limiting illnesses by asking your friends and family to make a donation to Bolton Hospice in lieu of giving you a gift.

How to set up a Birthday Fundraiser



Forty-five million people wish people "Happy Birthday" on Facebook every single day, which provides a perfect opportunity to raise money for a cause you care about.

To create a Facebook birthday fundraiser, you must have an active Facebook account.

Two weeks before your birthday, you'll receive a notification directly from Facebook inviting you to host a campaign for the charity of your choice. You then simply follow the steps on Facebook which will allow you to launch your birthday fundraiser to friends and family.

JustGiving™

To set up a Just Giving page, visit www.justgiving.com and log in to your JustGiving account, if you don't have an account you'll be prompted to set one up

Click on 'Start Fundraising' at the top of the page and search for Bolton Hospice. This means your donations come automatically to Bolton Hospice so you can concentrate on celebrating your big day.

Simply follow the easy steps until you get to create your page and then you are ready to share your fundraising link with friends and family.

Throw a Party

If you are having a party to help celebrate your special day, why not include your Facebook or Just Giving fundraising link on your party invitations. We can also provide you with donation envelopes for family and friends who would rather donate by cash or cheque. Let us know you are sharing your birthday with us and we can provide you with bunting, posters and fundraising buckets to help decorate your venue.



If you have any questions or if we can do anything at all to support your birthday fundraiser, please do not hesitate to contact Courtney on the fundraising team on **01204 663 065** or email fundraising@boltonhospice.org

Recipe from Old Bank Cafe

The Old Bank Café is open 6 days a week and serves a delicious range of speciality tea and coffee, freshly prepared breakfasts, light lunches and delicious cakes – all to eat in and take away.

It's the perfect place for a working lunch or meeting. We also pride ourselves on being a breastfeeding friendly café, and have even installed a potty in our toilet for smaller customers.

Try your hand at making our lemon drizzle cake recipe, the perfect addition for fundraising coffee mornings or bake sales.



Lemon Drizzle Cake

Serves: 10 Preparation Time: 15 Cooking Time: 45

Ingredients:

- 225g Unsalted Butter
- 222g Caster Sugar
- 4 Eggs
- Finely grated zest of 2 lemons and juice of 1
- 225g Self-raising Flour

Toppings:

- 85g Caster Sugar
- Juice of 2 lemons

Method:

1. Heat the oven 180c/160c Gas Mark 4
 2. Beat together softened butter and sugar until pale and creamy
 3. Add the eggs 1 at a time, slowly mixing through
 4. Mix well until combined
 5. Line a loaf tin (8x21cm) with greaseproof paper
 6. Spoon in the mixture and level the top with a spatula
 7. Bake for 45-50mins until a skewer comes out clean
 8. Mix together the caster sugar and lemons to make the drizzle
 9. Prick the warm cake all over with a skewer then pour the drizzle over the cake
 10. Leave until completely cooled
- Enjoy!



Upcoming events

May

100K May

New for 2023, move 100k during May and help raise vital funds for Bolton Hospice. You can run, walk, cycle or whichever way you choose to move! Head to our Facebook page to find out more!

June

22nd June - Ladies Lunch 2023

We're happy to announce our popular Ladies Lunch event is back in 2023! Our ladies will enjoy a fantastic lunch at Rivington Hall Barn with amazing entertainment and a wonderful selection of stalls to browse.



June

23rd June - Summer Draw 2023

Fantastic prizes to be won, a holiday, a weekend away & plenty of cash prizes up for grabs whilst supporting Bolton Hospice.



July

27th July – Golf Day 2023

Join us with your team of four for a game of 18 holes of golf at Bolton Golf Club. As well as the golf, teams will enjoy a sandwich lunch, carvery dinner and an evening presentation. See you on the greens!



September

16th September - My Memories Walk 2023

Our spectacular live night time walk is back! Keep checking our social media channels for updates of how to register.



September

30th September - 10 Miles 10 Pubs Walk 2023

The popular community organised walk raised over £27,965 last year!

Stay tuned for more information.



All events are subject to change.

Please keep checking our website for latest events updates at www.boltonhospice.org.uk



The Old Bank Café is open 6 days a week and serves speciality tea & coffee, breakfast & light lunches and delicious cakes. Plus there's free Wi-Fi for customers making it the perfect place for a working lunch or meeting. We also pride ourselves on being a breastfeeding friendly cafe.



The Afternoon Tea boasts a lovely selection of sandwiches, light bites and sweet treats plus a pot of tea. Please book in advance by ringing 01204 770905.

The Old Bank Cafe opening times are as follows:

Monday 09:30-15:30

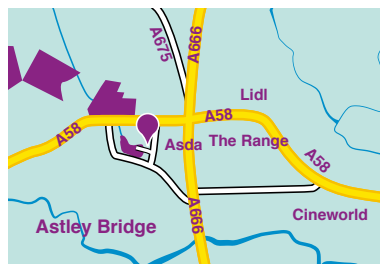
Tuesday 10:00-15:30

Wednesday 10:00-14:30

Thursday 10:00-15:30

Friday 10:00-15:30

Saturday 09:30-15:30



Bolton Hospice Shop & Old Bank Café, Hillview Road, Astley Bridge, Bolton, BL1 8QQ

Our Astley Bridge charity shop next door stocks a great range of quality clothing, homewares, bric-a-brac, books, toys and games so why not pop in and pick up a bargain while you visit the Café.

Scan the QR code for our latest menu



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