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www.boltonhospice.org.uk



PLAYING FOR A REASON



HELLO

It's all systems go here at Bolton Hospice as we step into Spring 2025 navigating the challenges of lobbying for fairer funding for hospices, supporting more families than ever. and organising a full calendar of fantastic fundraising events for you to get involved with!

We recently announced that we will receive £107,466 from the one-off capital funding announced by the Government before Christmas. This is an encouraging step forward and will help us to pay for urgent work needed to upgrade our heating system. However, without a sustainable increase to our annual government funding it's not enough to ensure Bolton Hospice can sustain the £5 million running costs of our vital services long-term.

Keeping pace with the NHS pay rise to retain our staff, as well as increases to National Living Wage and National Insurance contributions, cost of living rising costs and no increase to our 2025-26 funding from the NHS all exacerbates an already fragile financial situation, creating a significant real term cut to our government funding which has led to a projected financial deficit for 2025-26 of £700,000.

As a result, we continue to face an uncertain future but are again heartened by the incredible generosity of our local community and the government's show of support for the hospice sector.

Together, we will continue to push for a sustainable funding solution to ensure we can meet the rapidly growing demand for our specialist services and to ensure that the generosity of the people of Bolton is respected, and the value of your contribution maximised by an appropriately fair fundina deal.

You can find out more about how you can help to sustain our vital services on page 7. Whether you take to the skies in our charity skydive, pledge to leave a gift in your will or join our team of incredible volunteers – thank you for your unwavering support. We couldn't do it without you!





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MEET OUR FUNDRAISERS

Our fundraisers take on epic feats, fun challenges and host fantastic community events, all in the name of fundraising for Bolton Hospice.

Meet a few of our fundraisers and hear their inspiring stories...

ONE YEAR OF RUNNING!

Meet one of our youngest fundraising superstars, Esmé!

11 years ago, Esmé took her very first steps in our Garden of Tranquility, during a special birthday BBQ with her Uncle Andrew, who was being cared for at Bolton Hospice.

11 years later, after finding an old running top belonging to her uncle, Esmé decided to take on the incredible challenge of running every day for a year, raising money for Bolton Hospice in her Uncle Andrew's memory.

Feel inspired?
Take a look
at how you
can help...





Esmé has regularly updated us on her progress and we've heard all about her runs, from wet and muddy to swelteringly hot!
From beautifully scenic routes to squeezing in sprints between dance show rehearsals!

We're truly inspired by the determination and compassion that Esmé shows day in day out.

SPONSORED HEAD SHAVE

In a touching tribute to his late brother, Mark Jones, Bobby organised a sponsored headshave, setting an initial target of £500.

Mark, a beloved local builder, received care and support from the hospice twice during his illness.

The local community rallied behind Bobby's efforts, with generous donations pouring in from family, friends, and members of the local horse-riding community.

The headshave proved a resounding success, smashing targets and generating £1,500. But most importantly, it was a wonderful way to honour Mark's memory.

Bobby Jones

Amount Raised Cospose
£1,500

We were absolutely amazed at the way the staff at the hospice treated Mark and the family. The capacity for loving there – because that's what it is – was fantastic and we hadn't expected that.

ELLEN HAS HELD FIVE ANNUAL QUIZ NIGHTS IN MEMORY OF HER DAD, RAISING AN AMAZING £11,000!

Can you tell us about your quiz night?

I run an annual quiz night for around 115 people. It includes music, games, pasties and a huge raffle! I've hosted five quizzes for Bolton Hospice now, including a virtual one during lockdown!

Why do you fundraise for the hospice?

Bolton Hospice looked after my Dad in 2016, after he was diagnosed with a brain tumour. He ended up staying there longer than expected and the staff were so amazing with him and our family, making it feel like home for us throughout that tough time.

What do you look forward to about the quiz night?

I enjoy bringing lots of people together every year for a fun evening and seeing everyone get involved! Ellen Short

Amount Raised
£11,000

I love seeing the generosity of our guests

I love seeing the generosity of our guests and the support that everybody has for the fantastic cause. We also get amazing support from local businesses and many local restaurants and venues donate prizes.

Any standout moments?

We like to come up with silly ways to raise money each year such as asking for donations to knock points off the previous year's winners, or auctioning off the worst raffle prize that nobody wants (my Father-in-Law once spent a fortune buying back some chocolate brazil nuts that he had originally donated!)

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SUNDAY 7[™] SEPTEMBER 2025 **QUEEN'S PARK, CHORLEY NEW ROAD**



www.boltonhospice.org.uk/bubble-rush

@boltonhospice





5 WAYS YOU CAN SUPPORT US!

Whether you are fundraising in memory, taking on a challenge of a lifetime, or making a regular gift, there are lots of ways to support us!

1) TAKE ON A CHALLENGE

How do you fancy achieving a bucket list challenge this year? Whether you 'chute' for the skies in our charity skydive, scale dunes and sleep under the stars trekking the Sahara desert, or enter our ballot for the London Marathon – taking on an epic challenge to raise vital funds is an incredible way to support Bolton Hospice!



2) ORGANISE AN EVENT

From bake sales to family fun days and sponsored swims to aifts in lieu of a big celebration, organising your own fundraising event is a great way to get all your friends and family involved. We're always on hand for advice or to chat through ideas.

3) SIGN UP FOR A HOSPICE EVENT

We've got a fantastic calendar of events this year, from family favourite the 5k Bubble Rush to our popular Golf Day, or perhaps our Ladies Lunch takes your fancy? Head to page 11 to choose your event!

4) SPONSOR A NURSE

Committing to a regular monthly donation in support of our Sponsor our Nurse appeal is a wonderful way to help sustain our service now and in the future. For more information please visit www.boltonhospice.org.uk/SAN



5) PLEDGE TO LEAVE A GIFT IN YOUR WILL

Did you know that 1 in 5 of our patients is cared for by Gifts in Wills? Many people choose to support Bolton Hospice by leaving us a gift in their will, in the knowledge that they will be helping us to be there for the growing number of local people who will need our care and support in the future. Head to our website to download our information booklet & view our handy 'Ducks In A Row' guide.

We're always on hand for advice or to chat through ideas!





We simply couldn't do what we do without all of you who fundraise in support of Bolton Hospice. Whether at work, among friends and family, those who take on challenges or the many who join our fundraising events, you all make a huge difference. Thank You!

Make a LASTING legacy

Sigried Greenwood, a remarkable woman, left a gift in her will to Bolton Hospice, and in doing so added another chapter to her remarkable story.

Born in Czechoslovakia, Sigried tragically lost her father in a concentration camp before fleeing war-torn Europe as a child. She eventually found her new home in Bolton in the 1950s, a vouna woman alone in a foreign country, and decided to dedicate her life to helping others.

Evidence of Sigried's kind-heartedness was clear from early on. She scoured charity shops to send much-needed clothes home to her family, found a job involving caring for others – as an auxiliary nurse at the old Bolton Royal Infirmary – and settled into life as a mother to her growing family of five children.

Her daughters, Anita Hindley and Jacqui Byland, remember well how their mother's kindness extended beyond her family, as she tirelessly supported local charities.

Following a lifetime of offering practical help to charities whenever she could, it was no real surprise to her family when Sigried said she was going to leave a gift to Bolton Hospice in her will.







Sigried left £6,000 to Bolton Hospice, helping local families facing terminal and life-limiting illnesses. Her family are grateful that by leaving a gift in her will, Sigried's commitment to carina for others can continue.



She wanted to do this because she wanted to keep on giving to others and she knew that it was donations that kept the hospice going. It means our mum's story is not ending. It just goes on, living through the wonderful work the hospice does for local people. I think that's what she wanted really – a way of continuing caring when she had gone.

Whilst it's a sad time, losing a loved one, by them leaving a gift it can also be a celebration of the lasting legacy they're going to have.

That help, that gift, really does just keep on



Helping you to live well with life-limiting illness

The Wellbeing Hub is a flexible, drop-in support service based at Bolton Hospice, helping you to live with life-limiting illness.

Our team of specialist staff are on hand to provide advice, support and symptom management, but the hub is about much more than your medical care. Our focus is on promoting your wellbeing and rehabilitation to enable you to live well with life-limiting illness.

After you self-refer, or are referred to the hub, a member of the team will meet with you to discuss your needs, and agree a personalised timetable of drop-in and bookable sessions with you.

- Advice clinics
- Symptom management
- Outpatient clinics
- Advanced Care Planning
 - Helping you and your loved ones prepare for the future
- Creative Therapy

- Complementary Therapy
 - Aromatherapy, reflexology, crystal relaxation, essential oils & skincare
- Ad hoc workshops & events
 - Story hub, chair yoga, heart failure group, MND Group, Memory Café and much more
- Dedicated Mens groups



Self-refer to the Wellbeing Hub

If you feel that you would benefit from attending the Wellbeing Hub, there's no need to speak to your GP or other healthcare professional.

Simply complete our online self-referral form, or speak to one of our team on 01204 663066.



8 Bolton Hospice News Spring / Summer 2025 **Exciting NEWS!**

Brand NEW Little Lever **Super Store Opening Soon!**

We're excited to announce that we are relocating our Little Lever charity shop to a new centrally located premises on Market Street.

The new shop will be a much-needed uparade, aiving us more floor space to raise vital funds, a bigger sorting space for our wonderful volunteers to work in. and a central location in the heart of Little Lever's thriving community.

Offering auglity donated goods such as ladieswear, menswear, pre-loved books, tovs and homeware, the new retail outlet will be open six days a week Monday-Saturday from 09.00-4.30pm.

We've been working hard behind the scenes to get the new shop ready, working with local suppliers to freshen up our retail brand to create a welcomina and revitalised shopping experience that will help to support the hospice's vital services.

The new shop is being supported by a fantastic team of volunteers, and more help would be very welcome. If you could spare a few hours each week, please aet in touch or ask in store at any of our shops.

Our volunteers vary from all gaes and come from all walks of life, which is what makes our team so special! You do not need any retail experience as training is provided. We have a range of roles available and look forward to welcomina more volunteers to our team!

The new shop is due to open in Spring so please keep your eye on our social media channels for further announcements. Find us @boltonhospiceshops on Facebook and Instagram to be the first to find out more!



UPCOMING EVENTS

& Dates for your diary

100K MAY Throughout May



SKYDIVE DAY

28th June & 5th July 2025 Chute for the skies in our Skv Dive Dav.

LADIES LUNCH

5th June 2025

Our popular Ladies Lunch is back once again.



The epic pub crawl is coming back

GOLF DAY 10th July 2025 Our tee-rrific event

is back for 2025!



BUBBLE RUSH 7th September 2025

Take on the Bubbles once again!



TREK THE SAHARA

8th October 2025

Take on this challenge of a lifetime







this vear's lucky winner?

2nd July 2025

Could you be

FIRE AND ICE 1st November 2025

Take on the elements with a fire walk and ice dip.



LONDON MARATHON

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VOLUNTEER WITH US!



Find out more: www.boltonhospice.org.uk/volunteer









